

# Southwest Corn and Black Bean Wrap (Western Region)

The ingredients are available in this meal kit!\*

## Ingredients

1. 1/4 cup Black beans
2. 1/8 cup Corn
3. 2-1/8 tbsp Salsa
4. 1-1/4 Cilantro (optional)
5. 1-1/4 tsp Green Bell pepper, chopped (optional)
6. 5/8 tsp Green onions, chopped (optional)
7. <1/8 tsp Ground black pepper (optional)
8. 1/2 oz. Shredded Cheddar cheese
9. 1 tortilla

## Method

1. Place black bean, corn, salsa, cilantro, bell peppers, green onions, and pepper into a large bowl and stir well to combine.
2. Place 1 cup of the black bean and corn salsa in tortilla
3. Top mixture with shredded Cheddar cheese and fold the bottom edge of the tortilla over the filling, tucking the edge under the filling. Fold both ends over into the tube shape, and continue rolling to enclose the filling into a long tube, closed on both ends. (like a burrito)
4. Place wrap into a preheated 350°F oven and cook for 8-10 min. (optional)
5. Enjoy!

\*Cilantro, green bell pepper, green onions, ground black pepper not included



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